

SANFORD CENTER FOR AGING

The Sanford Center for Aging creates volunteer opportunities as well as free and low-cost programs that promote social engagement, activity and independence among older adults. These include:



Sanford Geriatrics Specialty Care: Offers a whole-person geriatric assessment, provided by an interdisciplinary team (geriatrician, social worker and pharmacist). The assessment includes a comprehensive care plan, referrals if needed and potential chronic care management.

Community Wellness Programs: Free, evidence-based workshops promote health and prevent disease, while empowering participants to gain the confidence and skills needed for an active and fulfilling life.

AmeriCorps Seniors - Washoe County Retired and Senior Volunteer Program (RSVP): This program matches volunteers of all ages who want to share their time, skills and experience with local agencies and programs to benefit the community.

Senior Outreach Services: This program provides companionship and support, through trained volunteers, to Washoe County's most vulnerable elders to help them stay in their homes as long as possible.

Volunteer Transportation Program: Volunteers provide rides, in their own vehicles, for older adults who need transportation to appointments, errands and social activities.

Medication Therapy Management: A clinical certified geriatric pharmacist provides a comprehensive review of a participant's entire drug regimen for adverse drug reactions, safety and effectiveness; for Nevadans age 60 or older who are taking five or more prescription medications.

Osher Lifelong Learning Institute (OLLI) at UNR: Learning, social and cultural programs, special events and tours for adults 50 and over. An annual membership fee covers attendance at as many programs and activities the member chooses to attend.

Nevada Geriatric Education Center: Offers educational and training opportunities for health care professionals, faculty and students, and care partners to enhance their knowledge in the field of aging and health care.

Gerontology Academic Program: This interdisciplinary academic program engages with and serves the community while shaping the future gerontological workforce to better support the rapidly aging populations of Nevada and the U.S.



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